



World Values Day
KINDNESS COMMUNITY CAFÉ
Kind Communities, Kind People, Kind World
– what's in it for We?

Thursday 18th October 2018
Methodist Church Hall, Fore Street Totnes
7.00-9.00 pm
Light refreshments provided

- *How do I feel when I experience or witness kindness?*
- *What are we doing now to live kindly?*
- *What gets in the way of kindness?*
- *What would a kind high street look and feel like?*
- *Can I make a small commitment to be kinder to myself, my family, my community?*
- *How can we make a difference together?*

Come and join us in creating a kind space and a kinder world with others who care. The evening will be facilitated by Josh Malkin of the **Network of Wellbeing**, and Juliet Hancock of the **UK Values Alliance** and is sponsored by **St John's Community Cafe**.

Listen- connect-understand-learn- grow - act

"Values are like fingerprints. No-one else's are the same but you leave them over everything you do!" Elvis Presley